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Object

Hard and soft tissue management during implant placement is a challenge for clinician especially in non contained bone defect. The purpose of this study was to evaluate the rate of complication associated with use of titanium mesh with or without soft tissue grafting.

Materials and Methods

Twenty-seven patients with atrophic ridges received lateral ridge augmentations with particulate grafts placed around implants and protected with i-Gen membrane. 12 of the 27 treated sites were in the anterior esthetic zone. All data were then inserted in a statistical software (SPSS 21, IBM) and processed.

Results

The treated defects were successfully regenerated. The three-dimensional contour of the compromised alveolus was re-established using titanium mesh with rigid screw fixation by the means of implant cover screw or healing abutments. In 81.5 % (22) implants, healing was uneventful, in 14.8 % (4) implants there was a dehiscence and in 3.7 % (1) the healing was compromised by dehiscence and infection. In this case, both the grafting material and the implant were removed. In all the other cases, implants were prosthetically restored. Spearman Correlation (2-tailed) reveled that results were observed to be statistically significative.

Conclusions

The findings from the present study indicate the importance of soft tissue grafting in cases where titanium mesh is used as a scaffold. Furthermore, exposure of titanium mesh during healing does not necessarily compromise the final treatment outcome. Within the limit of this restricted study, the use of titanium mesh at the time of implant placement is a reliable option of bone grafting.

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